



Personal History Form

Name: _____ Date: _____
 Address: _____ State: _____ Zip: _____
 Home Phone: _____ Cell Phone: _____
 Email: _____ Date of Birth: _____
 Age: _____ Marital Status: _____ Referred By: _____

WHAT DO YOU WANT TO HEAL OR ACHIEVE? Also, please describe how long you have had each of the situations or concerns? _____

Describe your present Treatment, Medications and Supplements: _____

I understand that a Health Facilitator does not diagnose or treat, but teach individuals to gain and or maintain their health and well being. I, the under-signed, agree to take full responsibility for my health and what methods I employ.

Signed: _____ Date: _____
 Guardian name if signing for a minor: _____

Please check Present and Past ailments of Yourself (Y), your Mother (M) and your Father (F)

- | | | |
|-----------------------------------------------|----------------------------------------------|------------------------------------------------|
| <input type="checkbox"/> AIDS | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Vein Disorders |
| <input type="checkbox"/> Alcohol dependence | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Pneumonia |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Dyslexia | <input type="checkbox"/> Psoriasis |
| <input type="checkbox"/> Alzheimer's Disease | <input type="checkbox"/> Emphysema | <input type="checkbox"/> PTSD |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Anorexia | <input type="checkbox"/> Gingivitis | <input type="checkbox"/> Shingles |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Sinus Disorders |
| <input type="checkbox"/> Athlete's Foot | <input type="checkbox"/> Headaches | <input type="checkbox"/> Smoker |
| <input type="checkbox"/> ADD / ADHD | <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Sore Throat (Chronic) |
| <input type="checkbox"/> Autism | <input type="checkbox"/> Hiatal Hernia | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Back Pain | <input type="checkbox"/> Hypoglycemia | <input type="checkbox"/> Syphilis |
| <input type="checkbox"/> Bladder Problems | <input type="checkbox"/> Incontinence | <input type="checkbox"/> Tendonitis |
| <input type="checkbox"/> Bladder Pressure | <input type="checkbox"/> Indigestion | <input type="checkbox"/> Thyroid Disorders |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Insomnia | <input type="checkbox"/> TMJ |
| <input type="checkbox"/> Candida | <input type="checkbox"/> Kidney Disorders | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Cataracts | <input type="checkbox"/> Leukemia | <input type="checkbox"/> Vaginal Infections |
| <input type="checkbox"/> Cholesterol – High | <input type="checkbox"/> Liver Disorders | <input type="checkbox"/> Water Retention |
| <input type="checkbox"/> Chronic Fatigue Syn. | <input type="checkbox"/> Menopausal Problems | <input type="checkbox"/> Fast Weight Gain/Loss |
| <input type="checkbox"/> Colon Problems | <input type="checkbox"/> Menstrual Problems | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Cysts | <input type="checkbox"/> Mononucleosis | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Multiple sclerosis | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Dermatitis | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Panic Attacks | <input type="checkbox"/> Other _____ |